

| Stop # | Bus Route # 3 | FRED Central to Lee's Hill Shopping Center | | | | | | | |
|--------|--------------------------------------|--|---|-----------|----------|----------|----------|----------|--|
| 4 | FRED Central * | 7:30am | 9:30 *3* | 11:30 *1* | 1:30 *3* | 3:30 *1* | 5:30 *1* | 7:30 *1* | |
| temp | Stafford / Rowe | | | | | | | | |
| 120 | Stafford / Dandridge | | | | | | | | |
| 503 | Stafford / Buckner | | | | | | | | |
| 202 | Hanover / Bright | | | | | | | | |
| 200 | Littlepage / Hanover | | | | | | | | |
| 199 | Charlotte / Weeden | | | | | | | | |
| 12 | RACSB @ Jackson St. * | 7:35am | 9:35am | 11:35am | 1:35pm | 3:35pm | 5:35pm | 7:35pm | |
| 194 | Lafayette @ Roxsburg Garden Ctr. | | | | | | | | |
| 192 | Lafayette @ Battlefield Ctr. | | | | | | | | |
| 328 | Lafayette / Alum Springs | | | | | | | | |
| 191 | Wellington Woods Apts. | | | | | | | | |
| 190 | Belman's Plaza | | | | | | | | |
| 187 | Olde Greenwich Dr. @ Stop & Shop | | | | | | | | |
| 18 | Olde Greenwich @ pool * | 7:46am | 9:46am | 11:46am | 1:46pm | 3:46pm | 5:46pm | 7:46pm | |
| 185 | Lafayette / Hill (Treasure Chest) | | | | | | | | |
| 184 | Lafayette Center | | | | | | | | |
| 179 | Falcon / Columbia | | | | | | | | |
| 178 | Falcon / Carr | | | | | | | | |
| 176 | Lee's Hill Office Park | | | | | | | | |
| 175 | Lee's Hill S/C @ Food Lion | | | | | | | | |
| 177 | Spotsylvania Ave. @ Friendly's | 8:00 *5* | Transfer to Route 5 Blue Line and Route 6 Purple Line | | | | | | |
| 26 | Spotsylvania Ave.@ (cul-de-sac) * | | | | | | | | |
| Stop # | Bus Route # 3 | Lee's Hill Shopping Center to FRED Central | | | | | | | |
| 26 | Spotsylvania Ave.@ (cul-de-sac) * | 8:00am | 10:00am | 12:00pm | 2:00pm | 4:00pm | 6:00pm | 8:00pm | |
| 175 | Lee's Hill S/C @ Food Lion | | | | | | | | |
| 398 | Lee's Hill Professional Park | | | | | | | | |
| 180 | Falcon / Clay | | | | | | | | |
| 308 | Falcon / Columbia | | | | | | | | |
| 181 | Lafayette @ CVS | | | | | | | | |
| 183 | Lafayette / Redwood | | | | | | | | |
| 184 | Lafayette Center | | | | | | | | |
| 186 | Va. Employment Comm. | | | | | | | | |
| 187 | Olde Greenwich Dr. @ Stop & Shop | | | | | | | | |
| 18 | Olde Greenwich @ pool * | 8:07am | 10:07am | 12:07pm | 2:07pm | 4:07pm | 6:07pm | 8:07pm | |
| 189 | Lafayette / Hillcrest | | | | | | | | |
| 191 | Wellington Woods Apts. | | | | | | | | |
| 193 | Lafayette / Littlepage | | | | | | | | |
| 195 | Lafayette / Jackson | | | | | | | | |
| 392 | RACSB @ Jackson St. * | 8:15am | 10:15am | 12:15pm | 2:15pm | 4:15pm | 6:15pm | 8:15pm | |
| 198 | Charlotte / Lee | | | | | | | | |
| 201 | Littlepage / Hanover | | | | | | | | |
| 119 | College Ave. @ UMW Apts. | | | | | | | | |
| 502 | William St. / Stafford | | | | | | | | |
| 204 | Greenbrier / Armory Dr. | | | | | | | | |
| 4 | FRED Central * | 8:30 *2* | 10:30 *2* | 12:30 *2* | 2:30 *2* | 4:30 *2* | 6:30 *2* | 8:30pm | |
| Stop # | Bus Route # 3 | FRED Central to Hart Community Center | | | | | | | |
| 4 | FRED Central * | 8:30am | 10:30am | 12:30pm | 2:30pm | 4:30pm | 6:30pm | | |
| 336 | Mary Washington Blvd. @ CVS | | | | | | | | |
| 3 | Mary Washington Hosp. * (Main) | 8:40am | 10:40am | 12:40pm | 2:40pm | 4:40pm | 6:40pm | | |
| 156 | Tompkins-Martin / Ambulatory Service | | | | | | | | |
| 495 | Park Hill @ Emergency Entrance | | | | | | | | |
| 155 | Snowden Office Park | | | | | | | | |
| 154 | Fredericksburg S/C @ Food Lion | | | | | | | | |
| 143 | Ameret St @ 7-11 | | | | | | | | |
| 141 | Charles / Progress | | | | | | | | |
| 9 | Mill Park Terrace * | 8:50am | 10:50am | 12:50pm | 2:50pm | 4:50pm | 6:50pm | | |
| 140 | Medicorp @ Princess Anne | | | | | | | | |
| 390 | Princess Anne / Hernden | | | | | | | | |
| 8 | Community Ctr. @ Charles St. * | 9:00am | 11:00am | 1:00pm | 3:00pm | 5:00pm | 7:00pm | | |
| Stop # | Bus Route # 3 | Hart Community Center to FRED Central | | | | | | | |
| 8 | Community Ctr. @ Charles St. * | 9:00am | 11:00am | 1:00pm | 3:00pm | 5:00pm | 7:00pm | | |
| 135 | Pitt / Charles | | | | | | | | |
| 137 | Fall Hill / Stuart | | | | | | | | |
| 136 | Charles / Virginia | | | | | | | | |
| 139 | Fall Hill Ave @ 2300 | | | | | | | | |
| 154 | Fredericksburg S/C @ Food Lion | | | | | | | | |
| 336 | Mary Washington Blvd. @ CVS | | | | | | | | |
| 3 | Mary Washington Hosp. * (Main) | 9:15am | 11:15am | 1:15pm | 3:15pm | 5:15pm | 7:15pm | | |
| 156 | Tompkins-Martin / Ambulatory Service | | | | | | | | |
| 495 | Park Hill @ Emergency Entrance | | | | | | | | |
| 155 | Snowden Office Park | | | | | | | | |
| 4 | FRED Central * | | | | | | | 9:30 *3* | |

* Indicates Time Point
Note: Traffic, weather and other causes may delay arrival times.

1 Transfer to Route 1, Route 2, and Route 4

2 Transfer to Route 1, Route 2, Route 4 and Route 8

3 Transfer to Route 1, Route 2, Route 4, Route 8 and Route 9

5 Transfer to Route 2, Route 5 and Route 6

Effective: June 1, 2005